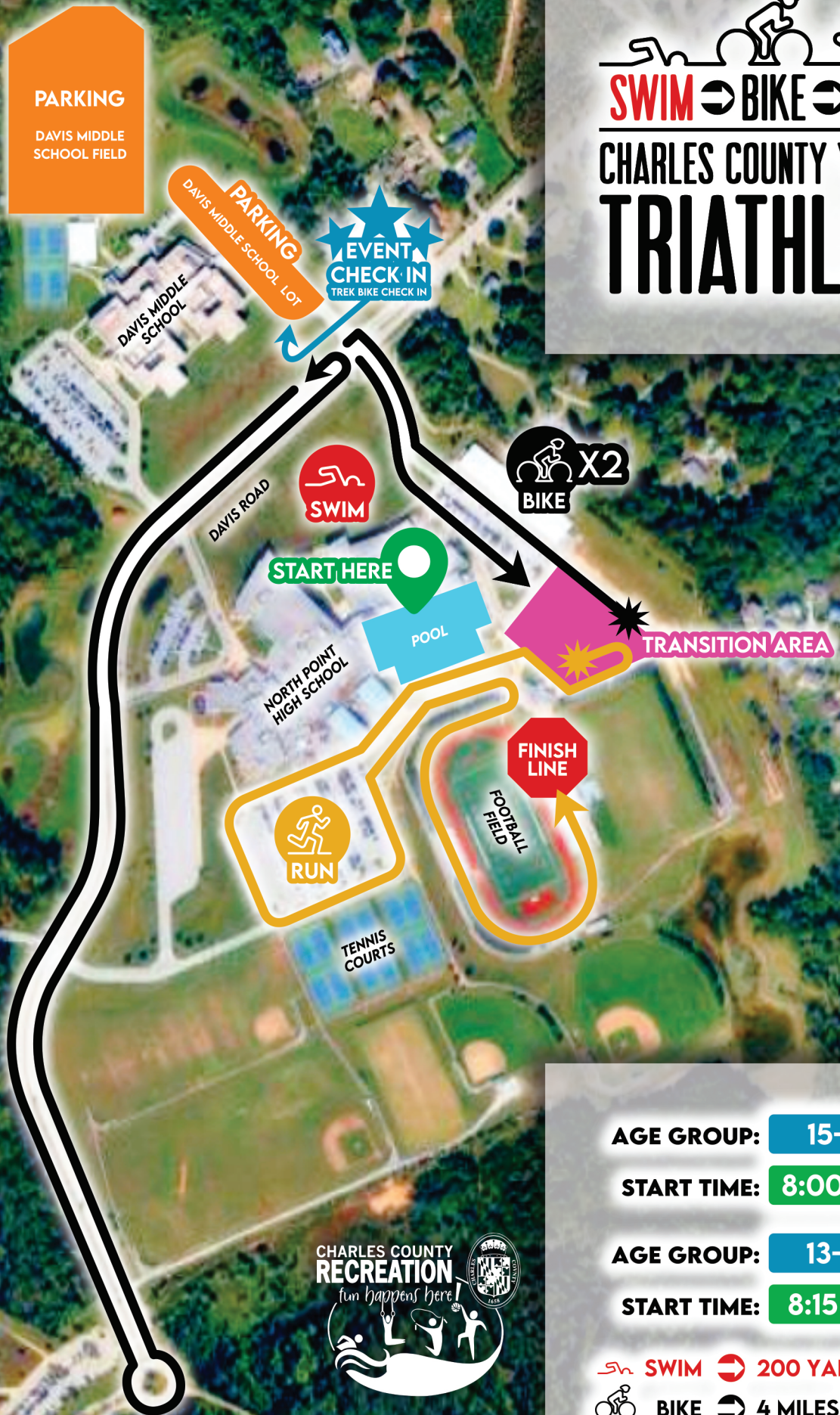




**SWIM** ➡ **BIKE** ➡ **RUN**

# CHARLES COUNTY YOUTH TRIATHLON



**AGE GROUP:** 15-17

**START TIME:** 8:00 AM

**AGE GROUP:** 13-14

**START TIME:** 8:15 AM

 **SWIM** ➡ **200 YARDS**

 **BIKE** ➡ **4 MILES** X2 LAPS ON DAVIS RD.

 **RUN** ➡ **1 MILE**