



County Commissioners of Charles County

PROCLAMATION 2025-48

Men's Health Week

WHEREAS, Men's Health Week is part of an ongoing international effort to educate men, boys, and their families about receiving regular disease prevention screenings and living healthier lifestyles; and

WHEREAS, Nationwide, life expectancy for men is five years fewer than that of women, with men experiencing higher rates of health problems such as diabetes, obesity, cancer, heart disease, and premature mortality; and

WHEREAS, awareness of Men's Health week was signed into law by President Bill Clinton on May 31, 1994; and

WHEREAS, Men's Health Week is a time for the public to recognize the mental and physical health needs of men and boys while encouraging fathers to be role models for their children through preventive health screenings, healthy living and seeking needed help; and

WHEREAS, the growing epidemic of suicide and substance abuse requires special effort to raise awareness of unrecognized and undiagnosed depression and mental stress in boys and men; and

WHEREAS, this year's theme is "Closing the Lifespan Gender Gap by Addressing the Empathy Gap" which focuses on the physical, mental, and social health challenges faced by men; and

WHEREAS, Charles County is committed to promoting programs and services that support the health of men and boys throughout the County not only during National Men's Health Week but throughout the month of June.

NOW, THEREFORE, WE, THE COUNTY COMMISSIONERS OF CHARLES COUNTY, MARYLAND, do hereby proclaim June 9-15, 2025 as **Men's Health Week** in Charles County and encourage all residents to pursue preventive health practices and support awareness efforts for the health and well-being of men and boys year round.

COUNTY COMMISSIONERS OF
CHARLES COUNTY, MARYLAND

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Attest:

Carol A. DeSoto, Clerk to the Commissioners