



# County Commissioners of Charles County

## PROCLAMATION 2025-48

### Men's Health Week

**WHEREAS**, Men's Health Week is part of an ongoing international effort to educate men, boys, and their families about receiving regular disease prevention screenings and living healthier lifestyles; and

**WHEREAS**, Nationwide, life expectancy for men is five years fewer than that of women, with men experiencing higher rates of health problems such as diabetes, obesity, cancer, heart disease, and premature mortality; and

**WHEREAS**, awareness of Men's Health week was signed into law by President Bill Clinton on May 31, 1994; and

**WHEREAS**, Men's Health Week is a time for the public to recognize the mental and physical health needs of men and boys while encouraging fathers to be role models for their children through preventive health screenings, healthy living and seeking needed help; and

**WHEREAS**, the growing epidemic of suicide and substance abuse requires special effort to raise awareness of unrecognized and undiagnosed depression and mental stress in boys and men; and

**WHEREAS**, this year's theme is "Closing the Lifespan Gender Gap by Addressing the Empathy Gap" which focuses on the physical, mental, and social health challenges faced by men; and

**WHEREAS**, Charles County is committed to promoting programs and services that support the health of men and boys throughout the County not only during National Men's Health Week but throughout the month of June.

**NOW, THEREFORE, WE, THE COUNTY COMMISSIONERS OF CHARLES COUNTY, MARYLAND**, do hereby proclaim June 9-15, 2025 as **Men's Health Week** in Charles County and encourage all residents to pursue preventive health practices and support awareness efforts for the health and well-being of men and boys year round.

#### COUNTY COMMISSIONERS OF CHARLES COUNTY, MARYLAND

Reuben B. Collins, II, Esq., *President*

Ralph E. Patterson, II, M.A., *Vice President*  
District 4

Gilbert O. Bowling, III  
District 1

Thomasina O. Coates, M.S.  
District 2

Amanda M. Stewart, Ed.D.  
District 3



Attest:

Carol A. DeSoto, Clerk to the Commissioners