

# Children & Families RESOURCE DAY



**Saturday, Aug. 12 • 10 a.m. to 1 p.m.**

**St. Charles High School**  
5305 Piney Church Road, Waldorf

## **Giving you the tools to help you and your child.**

Children and teens have many unique, and sometimes challenging needs. The Children and Families Resource Day will help you find the resources available in Charles County that can support your child as well as the family.

This event offers an opportunity to learn more about recreational options, as well as physical and mental health resources available to you. Families with children age 0-18 can benefit from attending. Even if you are not currently in need of services, please join us as we celebrate the children in our lives at this fun filled day.

**Join us for a day filled  
with information,  
resources, and fun to  
help you and your family.**

- Parental Supports
- Mental Health Resources
- Recreational Programs
- Face Painting
- Balloon Artist
- Door Prizes
- and MORE!

